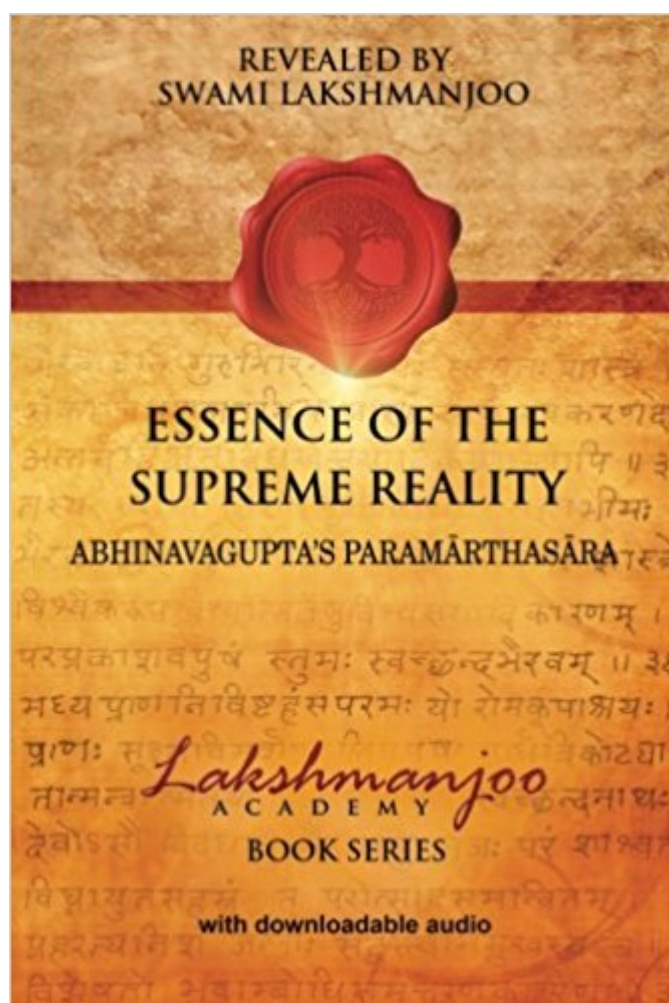


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# Essence Of The Supreme Reality: Abhinavagupta's Paramarthasara (Lakshmanjoo Academy Book Series) (Volume 1)



## Synopsis

In this multimedia study set, Swami Lakshmanjoo, the fully realized philosopher saint of the long concealed and secret tradition known as Kashmir Shaivism, translates and illuminates Abhinavagupta's Paramarthasara. Originally a work of Patanjali, Abhinavagupta chose to revise and update this revered treatise in order to reveal the profundities of the Trika Shaivite doctrine. In the conclusion of the Paramarthasara Abhinavagupta tells us, "I have kept this Paramarthasara, in brief words, in one hundred verses. But although it is only one hundred verses in body, in the volume of knowledge it is more than ten million verses."

## Book Information

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## Customer Reviews

Swami Lakshmanjoo was the last in an unbroken line of Kashmir Shaiva masters. As a boy his life was filled with a spiritual thirst to know and realize God. From a very early age he was filled with spiritual experiences. In fact these experiences were so intense that his parents thought he was suffering from hysteria. They were very concerned and approached their family guru, Swamiji's grand master Swami Ram, requesting him to help their son with his hysteria. Swami Ram laughed and said to them, "Don't worry, I should have such a disorder." As Swamiji grew older his desire to completely realize and apprehend the world of spirituality became paramount. To make this a reality he sat at the feet of his guru Swami Mahatabakak and took up the study and practice of Kashmir Shaivism. He became completely

engrossed and enthralled in his spirituality, wholeheartedly practicing day and night, ultimately experiencing the fullness of Kashmir Shaiva realization. It is to his beloved Kashmir Shaivism that he devoted the whole of his life, teaching it to those who asked and translating and commenting on what he considered to be the most important texts of this system. He became renowned as a philosopher saint steeped in the tradition of Kashmir Shaivism. With the growing interest in Kashmir Shaivism over the last thirty years, hardly any publication has appeared without a mention of Swami Lakshmanjoo's contribution to this unique philosophy.

Clear and concise info on a challenging subject.

The Paramarthasara is translated at the end of the book which is the only positive thing about this edition. The rest of the book is an unorganized "commentary" with interruptions by John and Denise. This whole line of titles should be called "John and Denise Interrupt Swami Lakshmanjoo with inane questions and answers and get their names in print".

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